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**February**

**2024**

## **Smarter Lunchrooms Movement & Smarter Mealtimes**

Smarter Lunchrooms and Smarter Mealtimes are nationwide movements based on proven strategies that respectively nudge K-12 students to make healthier choices at lunchtime and gently nudge younger children to select and eat the healthiest foods at mealtimes. The Smarter Lunchrooms Movement of California Collaborative is encouraging agencies participating in these two movements to share their scorecard results to help highlight your work and help tailor movement resources. Continue reading for more information!

### **Smarter Lunchrooms**

The Smarter Lunchrooms Movement (SLM) is dedicated to promoting the consumption of healthy school lunch options and reducing food waste, using low or no-cost evidence-based strategies.

If you have Smarter Lunchrooms included in your Integrated Work Plan (IWP), are a Certified Technical Advising Professional and are currently implementing Smarter Lunchrooms, you are highly encouraged to submit your scorecard data. To obtain access to the Smarter Lunchrooms Scorecard Data Portal, please contact Anna Jones at [anajones@ucdavis.edu](mailto:anajones@ucdavis.edu).

### **2022-2023 SLM Scorecard Highlights**

- A total of 85 scorecards were submitted.
- Scorecards represented the work of four Local Health Departments.

For information about how to become an SLM Certified Technical Advising Professional, please contact your Project Officer.

If you are interested in including Smarter Lunchrooms in your IWP, you may do so during the IWP Revision Period, which ends on March 1<sup>st</sup>.

To learn more about the Smarter Lunchrooms Movement, visit the [webpage](#) for more information. For questions, please email the Smarter Lunchrooms team at [casmarterlunchrooms@gmail.com](mailto:casmarterlunchrooms@gmail.com).

## Smarter Mealtimes

The Smarter Mealtimes Movement (SMM) provides early care and education staff with the knowledge, motivation and resources needed to build a mealtime environment that makes the healthy choice the easy choice.

If you have Smarter Mealtimes included in your IWP and are currently implementing Smarter Mealtimes, you are highly encouraged to submit your scorecard data using the [Smarter Mealtimes Scorecard Data Portal](#).

### 2022-2023 SMM Scorecard Highlights

- A total of 33 were scorecards submitted.
- The scorecards were used at a total of 11 sites.

If you are interested in implementing Smarter Mealtimes and would like to include it in your IWP, you may do so during the IWP Revision Period, which ends on March 1<sup>st</sup>.

If you are interested in learning more about Smarter Mealtimes, feel free to participate in the [upcoming webinar](#), Smarter Mealtimes Movement - An Early Start to Healthy Eating, which will be held on **March 20<sup>th</sup>**. You may also visit the [Smarter Mealtimes Movement of California webpage](#) for more information. For questions, please email the Smarter Mealtimes team at [CASmarterMealtimes@gmail.com](mailto:CASmarterMealtimes@gmail.com). 🧩



# **Partnership Opportunities: Healthy School Food Pathway Fellowship Program**

## **Partnership Opportunities**

### **Chef Ann Foundation Healthy School Food Pathway Fellowship Program**

The Chef Ann Foundation announced the 2024 cohort of its Healthy School Food Pathway Fellowship program. The year-long fellowship program will be comprised of 24 school food leaders from across the U.S. Of the 24 school food leaders selected, the 11 noted below are from California programs! The program will involve innovative virtual and hands-on learning experiences to prepare the food leaders to create healthy changes in their school districts. For more information on the fellowship program, visit the [Chef Ann Foundation webpage](#).

Bear Valley Unified School District – Judith Crumpler

Berkeley Unified School District – Richard Hannan

Hacienda La Puente Unified School District – Jennifer Ruiz

Humboldt County Office of Education (Juvenile Hall) – Beth Bailey

Lodi Unified School District – Randolph Rios


Menifee Union School District – Judy Mireles

Napa Unified School District – Muhamed Yasin

Sacramento City Unified School District – Shawn Marie Rivera

San Ysidro School District – Ana Bush

Sutter County Superintendent of Schools – Kindy McCullough

Willows Unified School District – Mike Bottarini 



## Training Updates

### CDPH Training Update

Check out the CDPH [Training & Events webpage](#) for the latest training information and calendar of scheduled events, *including links to register* and join events listed below.

#### **All Local Health Department Call**

March 14, 2024, at 2:00 p.m.

#### **Adult Direct Education Mid-Year Check-In (Hosted by Nutrition Policy Institute)**

March 19, 2024, at 10:00 a.m.

#### **Smarter Mealtimes Movement – An Early Start to Healthy Eating (Hosted by CA Local School Wellness Policy Collaborative)**

March 20, 2024, at 9:30 a.m.

#### **Cross-Project Office Hours (Hosted by Nutrition Policy Institute)**

March 21, 2024, at 11:00 a.m.

#### **CalFresh Healthy Living Statewide Training Resources**


For information regarding CalFresh Healthy Living Statewide Training events and resources, email [CFHLStatewideTraining@leahspantry.org](mailto:CFHLStatewideTraining@leahspantry.org).

[CalFresh Healthy Living Statewide Training Resources](#)

[CalFresh Healthy Living Statewide Training Learning Platform](#) 

## **Small Bites of Knowledge – Other Funding Opportunities**

To support knowledge and resource sharing, occasionally we will publish articles in the LHD Connect to ask for your insight on different program topics and publish an aggregate of responses in subsequent articles.

As the new calendar begins, your peers are interested in learning more about other funding sources (non-CFHL) that your local agency is currently utilizing to foster sustainability. Please share your responses via [Padlet](#) 



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